

REFUGEES IN LITERATURE

Books to Foster Understanding and Tolerance



REFUGEES IN LITERATURE

"It is a real desire on the part of authors, illustrators and publishers to respond to the [refugee] crisis in a way that is proactive and helpful...The trend started in about 2015 and it's just been growing every year."

- Vicky Smith, children's editor with Kirkus Reviews

The global community is in the midst of a refugee crisis unlike anything seen since WWII. In our country, there is a fierce debate about immigrants. Refugees are being resettled in communities all around us, yet voices of intolerance sound more loudly every day. The need for understanding and compassion is greater than ever.

Since its inception in 2016, **Hearts & Homes for Refugees** has been responding to the refugee crisis on a local level in many ways. Because we know that stories are a powerful currency that encourage listening and learning, we have compiled a collection of stand-out titles from an ever-growing list of books by and about refugees. By humanizing conflicts and those involved, these books offer compelling counters to the anti-stranger narrative.

Bringing *Refugees in Literature* into schools and libraries offers opportunities for conversation and critical thinking to help children discover truths about refugees and their journeys. The compelling message is that refugees are just like all of us: people in search of a safe place to live.

We thank you for all that you do to educate our children. We hope that this thoughtfully curated list will help correct misperceptions that lead to intolerance and prejudice, and will instill in these future citizens of the world empathy and respect for all people.

Kathie O'Callaghan Founder & President Hearts & Homes for Refugees www.heartsandhomesforrefugees.org

Background

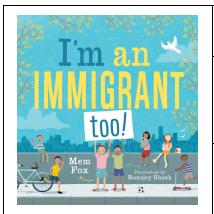
To develop the *Refugees in Literature* resource, we convened a volunteer committee of educators (teachers, librarians, communications specialists) to ensure that our selections and teacher guideline references were most useful.

Our goal was to identify books with both a strong narrative and an accurate representation of refugees' experiences. We also sought to capture a variety of refugee circumstances, ranging from reasons why individuals become refugees to what it is like arriving in and adjusting to life in a new country.

Each book was read and vetted by a minimum of two educators. The books are sorted by reading level and sensitive content is indicated. Please also note that older readers can benefit and learn from books that may seem to be geared for younger grades. Wherever available, we included teaching suggestions to help educators integrate these works into their existing curriculum.

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Young Readers: Picture books for reading aloud or independently, grades preschool-3rd.



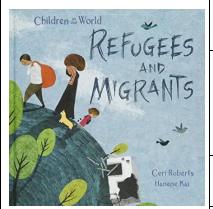
I'm an Immigrant Too! by Mem Fox (2018) Illustrated by Ronojoy Ghosh

A rhyming exploration of the myriad of ways immigrants have enriched the country of Australia.

Simon & Schuster / ISBN: 978-1534436022

Teacher Resources:

https://www.globetrottinkids.com/im-an-immigrant-too-review-activities/



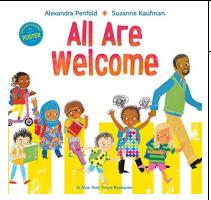
Refugees and Migrants by Ceri Roberts (2016) Illustrated by Hanane Kai

A nonfiction book which explains what it means to be a refugee or a migrant in an appropriate way for young readers. Through the use of relatable comparisons and powerful images, this book offers reassurance, answers tough questions, and empowers children by offering ways they can help.

Themes and Topics of Note: Terrorism and war, natural disasters and death - none of which are discussed in depth or graphically

Barron's Educational Series, Inc. / ISBN: 978-1438050201





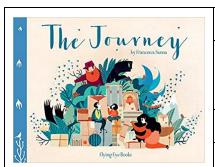
All are Welcome by Alexandra Penfold (2018) Illustrated by Suzanne Kaufman

Follow a group of children through a day in their school, where everyone is welcomed with open arms. A school where kids in patkas, hijabs and yarmulkes play side-by-side with friends in baseball caps. A school where students grow and learn from each other's traditions and the whole community gathers to celebrate the Lunar New Year. *All Are Welcome* lets young children know that no matter what, they have a place, they have a space, they are welcome in their school.

Alfred A. Knopf / ISBN: 978-0525579649

Teacher Resources:

https://andrea-mack.blogspot.com/2018/08/all-are-welcome-by-alexandra-penfold.html



The Journey by Francesca Sanna (2016)

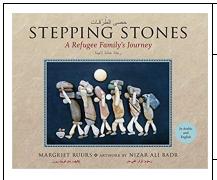
The Journey tells the story of one family fleeing the violence of war. It highlights the dangers refugees at times face when trying to reach a new country for safety.

Themes and Topics of Note: War and the loss of a parent

Flying Eye Books / ISBN: 978-19092633994

Teacher Resources:

https://www.amnesty.org.uk/resources/book-and-activities-journey



Stepping Stones by Margriet Ruurs (2016) Artwork by Nizar Ali Badr

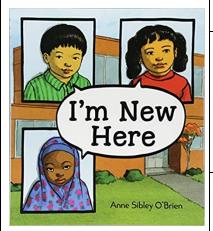
Rama and her family are forced to flee their once-peaceful village in Syria to escape the ravages of the civil war raging ever closer to their home. With only what they can carry on their backs, Rama and her mother, father, grandfather and brother, Sami, set out to walk to freedom in Europe.

Themes and Topics of Note: War and violence

Orca Book Publishers / ISBN: 978-1459814905

Teacher Resources: http://steppingstonesthebook.com/





I'm New Here by Anne Sibley O'Brien (2018)

Jin from Korea, Maria from Guatemala, and Fatima from Somalia are all new at their American elementary school. Each struggles to speak and write in English. With determination and encouragement from peers and teachers, the three children feel more and more at home, while staying connected to their roots and cultures. This multicultural book about immigration shows how school communities can help new children feel welcome.

Charlesbridge / ISBN: 978-1580896139

Teacher Resources:

https://www.imyourneighborbooks.org/wp-content/uploads/2015/12/Im-New-Here-Welcoming-Event-Kit.pdf



A Different Pond by Bao Phi (2017) Illustrated by Thi Bui

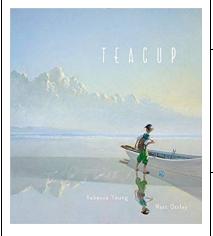
A father and a son go fishing in the early hours before the start of a workday for food. During the fishing trip, the son learns about his father's experience as a Vietnamese immigrant to the U.S.

Themes and Topics of Note: Racism, prejudice and poverty

Capstone Publishers / ISBN: 978-1479597468

Teacher Resources:

https://www.capstonepub.com/assets/123/7/A_Different_Pond_Readers_Guide.pdf



Teacup by Rebecca Young (2016) Illustrated by Matt Ottley

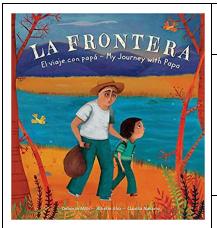
A boy must leave his home and find another. He brings with him a teacup full of earth from the place where he grew up, and sets off to sea. Some days, the journey is peaceful. Some days, storms threaten to overturn his boat. At last, the boy finds land, but it doesn't feel complete until another traveler joins him, bearing the seed to build a new home.

Penguin Random House / ISBN: 978-0735227774

Teacher Resources:

http://resource.scholastic.com.au/resourceFiles/8358971 30909.pdf





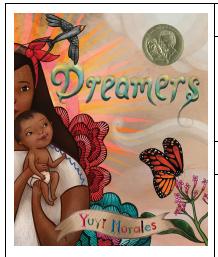
La Frontera by Deborah Mills with Alfredo Alva and Claudia Navarro (2018)

The true story of Alfredo, who crossed the southern border with his father in the 1980s. This bilingual book begins with their reason for heading north and follows their journey, early experiences in the U.S. and finally, the reunification of their family. Colorful illustrations. Interesting addenda include a postscript about the family, information about immigration and discussion of the intersections of borders and culture.

Barefoot Books / ISBN: 978-1782853886

Teacher Resources:

http://www.theclassroombookshelf.com/2018/09/la-frontera-and-dreamers/ (for both *La Frontera* and *Dreamers*)



Dreamers by Yuyi Morales (2018)

An engrossing tale of a mother and her child learning about their new home in America by way of the local library. Beautifully illustrated, each page invites the reader on a journey of wonder and welcome through books. A brief author statement at the back also gives first-hand insight into the experience of becoming an immigrant.

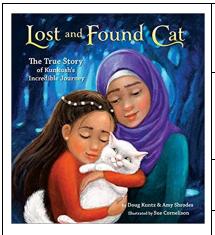
Themes and Topics of Note: linguistic prejudice

Neal Porter Books / ISBN: 978-0823440559

Teacher Resources:

Several recommended texts are included cleverly in the illustrations and at the back in the "Books that Inspired Me (and Still Do)" section. A Spanish version of this book, *Soñadores*, is also available. http://www.theclassroombookshelf.com/2018/09/la-frontera-and-dreamers (for both *La Frontera* and *Dreamers*)





Lost and Found Cat: The True Story of Kunkush's Incredible Journey by Doug Kuntz and Amy Shrodes (2017) Illustrated by Sue Cornelison

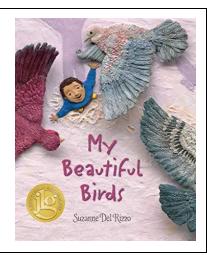
The story of a mother and her children who make the journey out of Iraq and across the sea. As the picture book tells the story of the family's flight, it parallels it with the story of their pet cat who gets lost on the journey and is finally reunited.

Themes and Topics of Note: Death, dangerous sea travel and a lost pet

Penguin Random House / ISBN: 978-1524715502

Teacher Resources:

https://lrsjcommittee.weebly.com/lost-and-found-cat.html



My Beautiful Birds by Suzanne Del Rizzo (2017)

A moving story of refugees of the Syrian civil war and the effect of war on children. It shows the reality of the refugee camps, where people attempt to pick up their lives and carry on. And it reveals the resilience and hope of people as they struggle to redefine home.

Themes and Topics of Note: War and refugee resettlement

Pajama Press / ISBN: 978-1772780109

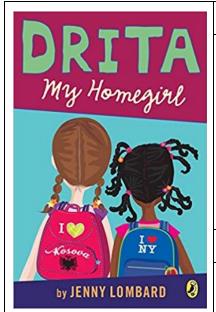
Teacher Resources:

https://pajamapress.ca/wp-content/uploads/2017/01/MyBeautifulBirds

ReadingGuide.pdf



Middle Grade: Appropriate for independent readers reading at a 3rd-7th grade level.



Drita my Homegirl by Jenny Lombard (2008)

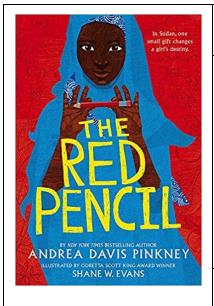
Fleeing war-torn Kosovo, ten-year-old Drita and her family move to America with the dream of living a typical American life. But with this hope comes the struggle to adapt and fit in. How can Drita find her place at school and in her new neighborhood when she doesn't speak any English? Meanwhile, Maxie and her group of fourth-grade friends are popular in their class, and make an effort to ignore Drita. So when their teacher puts Maxie and Drita together for a class project, things get off to a rocky start. But sometimes, when you least expect it, friendship can bloom and overcome even a vast cultural divide.

Themes and Topics of Note: Trauma and the death of a parent

Puffin Books / ISBN: 978-0142409053

Teacher Resources:

https://www.oswego.lib.il.us/wp-content/uploads/2018/07/Drita-My-Homegirl-by-Jenny-Lombard.pdf



The Red Pencil by Andrea Davis Pinkney (2014) Illustrated by Shane W. Evans

Amira Bright is a 12-year-old girl living with her loving family in the Darfur region of Sudan. In simple free-verse poetry, she recounts life's everyday ups and downs, such as watching her disabled sister learn to play soccer, sleeping with her sheep for comfort after a dust storm, or trying to convince her traditional mother to let her go to school. When the Janjaweed, brutal armed militias, attack her village, her father is killed and her beloved sheep burned alive. She walks with her mother, her sister, and other survivors to a dismal refugee camp, so traumatized she can no longer speak. But then an aid worker's special gift helps her unlock her pain -- and a dream for herself.

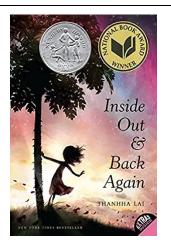
Themes and Topics of Note: Some violence as militants attack Amira's village and kill her father and others

Little, Brown & Co. / ISBN: 978-0316247801

Teacher Resources:

https://www.perma-bound.com/static/TPR/000457838.pdf





Inside Out and Back Again by Thanhha Lai (2013)

Inspired by the author's childhood experience as a refugee—fleeing Vietnam after the fall of Saigon and immigrating to Alabama—this coming-of-age debut novel told in verse has been celebrated for its touching child's-eye view of family and immigration.

Themes and Topics of Note: Bullying and racism

Harper Collins / ISBN: 978-0061962783

Teacher Resources:

https://b0f646cfbd7462424f7a-f9758a43fb7c33cc8adda0fd36101899.ssl.cf2.rackcdn.com/reading-quides/RG-9780061962790.pdf



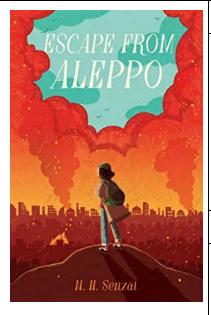
One Good Thing About America by Ruth Freeman

Anais is a refugee from the Congo who is having a hard time transitioning to a new school in a new country. Each day she writes a letter to her grandmother about her experiences in Crazy America. This novel explores differences and common ground across cultures.

Penguin Random House / ISBN: 978-0823442669

Teacher Resources:

http://www.holidayhouse.com/docs/One%20Good%20Thing%20About%20AmericaTG_REVISED_Marla(2).pdf



Escape from Aleppo by N.H. Senzai (2018)

As the protests of the Tunisian Revolution spread into the Arab Spring, war soon finds its way to the doorstep of 14-year-old Nadia. As her family attempts to flee to Turkey, their home is bombed and Nadia is accidentally left behind. With her cat, Mishmish—and the help of an old, mysterious man—Nadia sets out to find her family. Nadia gains courage and trust during her journey, while struggling to understand why there is such sadness and unfairness in this world. Filled with kindness and hope, this heartbreaking book is a necessary reminder of what many people live through every day.

Themes and Topics of Note: Violence and war

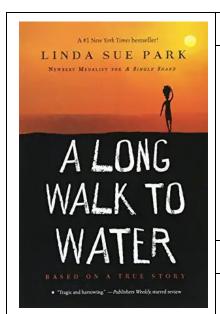
Simon & Schuster / ISBN: 978-1481472173

Teacher Resources:

https://www.simonandschuster.com/books/Escape-from-Aleppo/N-H-Senzai/9781481472173



Young Adult: Appropriate for middle and high school readers at a 6th-10th grade reading level.



A Long Walk to Water by Linda Sue Park, 2010

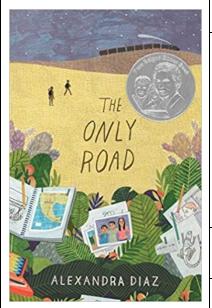
Salva Dut is 11 years old when war raging in the Sudan separates him from his family. To avoid the conflict, he walks for years with other refugees, seeking sanctuary, food and water. Park simply yet convincingly depicts the chaos of war and an unforgiving landscape as they expose Salva to cruelties both natural and man-made. The lessons Salva remembers from his family keep him from despair during harsh times in refugee camps and enable him, as a young man, to begin a new life in America. As Salva's story unfolds, readers also learn about another Sudanese youth, Nya, and how these two stories connect contributes to the satisfying conclusion.

Themes and Topics of Note: Violence and genocide

Clarion Books / ISBN: 978-0547251271

Teacher Resources:

https://www.lspark.com/images/pdfs/dg_longwalktowater.pdf



The Only Road by Alexandra Diaz (2016)

Everyone in Jaime's small town in Guatemala knows someone who has been killed by the Alphas, a powerful gang that's known for violence and drug trafficking. Anyone who refuses to work for them is hurt or killed, and Jaime fears that he is next. There's only one choice: accompanied by his cousin Ángela, Jaime must flee his home to live with his older brother in New Mexico. Inspired by true events, *The Only Road* is a story of a boy who feels that risking everything is his only chance for a better life. It is a story of fear and bravery, love and loss, strangers becoming family, and one boy's treacherous and life-changing journey.

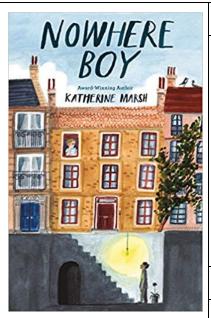
Themes and Topics of Note: Murder, the threat of violence against women, and drug use by youth

Simon & Schuster / ISBN: 978-1481457514

Teacher Resources:

https://www.simonandschuster.net/books/The-Only-Road/Alexandra-Diaz/9781481457514





Nowhere Boy by Katherine Marsh (2018)

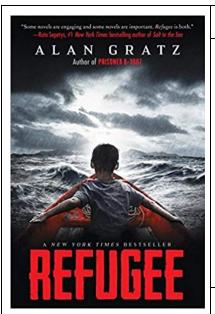
Fourteen-year-old Ahmed is stuck in a city that wants nothing to do with him. Newly arrived in Brussels, Belgium, Ahmed fled a life of uncertainty and suffering in Aleppo, Syria, only to lose his father on the perilous journey to the shores of Europe. Now Ahmed is struggling to get by on his own, but with no one left to trust and nowhere to go, he's starting to lose hope. Then he meets Max, a thirteen-year-old American boy from Washington, D.C. Lonely and homesick, Max is struggling at his new school and just can't seem to do anything right. But with one startling discovery, Max and Ahmed's lives collide and a friendship begins to grow. Together, Max and Ahmed will defy the odds, learning from each other what it means to be brave and how hope can change your destiny.

Themes and Topics of Note: Violence and terrorism

Roaring Brook Press / ISBN: 978-1250307576

Teacher Resources:

https://katherinemarsh.com/books/nowhere-boy/



Refugee by Alan Gratz (2017)

Refugee weaves together the tales of three children and their families who are driven from their homes by war, violence, and unrest. JOSEF is a Jewish boy living in 1930s Nazi Germany, whose family boards a ship bound for the other side of the world. ISABEL is a Cuban girl in 1994. With riots and unrest plaguing her country, she and her family set out on a raft, hoping to find safety in America. MAHMOUD is a Syrian boy in 2015. With his homeland torn apart by violence and destruction, he and his family begin the trek toward Europe. All face unimaginable dangers -- from drownings to bombings to betrayals. But there is always the hope of tomorrow. And although Josef, Isabel, and Mahmoud are separated by continents and decades, shocking connections will tie their stories together in the end.

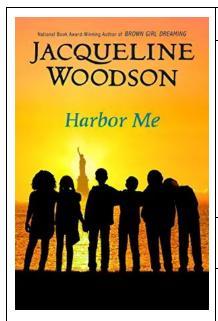
Themes and Topics of Note: Death, suicide and pregnancy

Scholastic Inc. / ISBN: 978-0545880831

Teacher Resources:

https://www.scholastic.com/teachers/lesson-plans/17-18/refugee-discussion-quide/





Harbor Me by Jacqueline Woodson (2018)

It all starts when six kids have to meet for a weekly chat by themselves, with no adults to listen in. There, in the room they soon dub the ARTT Room (short for "A Room to Talk"), they discover it's safe to talk about what's bothering them--everything from Esteban's father's deportation and Haley's father's incarceration to Amari's fears of racial profiling and Ashton's adjustment to his changing family fortunes. When the six are together, they can express the feelings and fears they hide from the rest of the world. And together, they can grow braver and more ready for the rest of their lives.

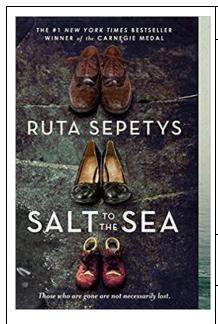
Themes and Topics of Note: Missing parents, prison, racism and white privilege

Penguin Random House / ISBN: 978-0399252525

Teacher Resources:

http://images.randomhouse.com/teachers_guides/9780399252525.pdf

Young Adult and Adult: These texts can contain mature material and cover sensitive information, however they capture key themes and issues surrounding the refugee experience.



Salt to the Sea by Ruta Sepetys (2017)

In 1945, World War II is drawing to a close in East Prussia and thousands of refugees are on a desperate trek toward freedom, almost all of them with something to hide. Among them are Joana, Emilia and Florian, whose paths converge en route to the ship that promises salvation, the Wilhelm Gustloff. Forced by circumstance to unite, the three find their strength, courage, and trust in each other tested with each step closer toward safety. Just when it seems freedom is within their grasp, tragedy strikes. Not country, nor culture, nor status matter as all ten thousand people aboard must fight for the same thing: survival.

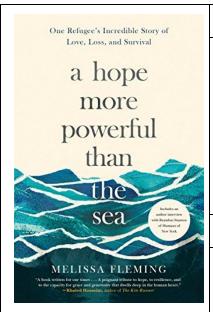
Themes and Topics of Note: Sexual assault, murder, war and violence

Penguin Books / ISBN: 978-0142423622

Teacher Resources:

https://www.penguin.com/wp-content/uploads/2018/01/RutaSepetys_ Guide_FNL_web.pdf





A Hope More Powerful than the Sea by Melissa Fleming (2018)

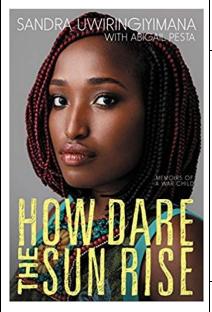
Once a typical teenager, Doaa's life in Syria was upended when her father's barbershop was destroyed, and rumors of abductions of girls and women began to swirl. She and her family fled Syria for Egypt, a country that suffered its own upheavals just months after their arrival. Doaa fell in love with another refugee who convinced her to try the dangerous crossing of the Mediterranean. That is when her struggle for survival really began. Melissa Fleming, chief of communications for the UN Refugee Agency, deftly shares Doaa's story of survival against all odds.

Themes and Topics of Note: War and death

Flatiron Books / ISBN: 978-1250105998

Note, there is also a young readers edition for ages 10-17

ISBN: 9781250311436



How Dare the Sun Rise: Memoirs of a War Child by Sandra Uwiringiyimana with Abigail Pesta (2018)

This memoir recounts Sandra's experience as a refugee from the Democratic Republic of Congo. She includes vibrant descriptions of her happy childhood in Africa cut short by persecution and leading to life in a refugee camp. There, she barely escapes a brutal massacre that kills her youngest sister. The book describes her difficult journey as her family starts anew in the United States. Students will likely relate to her struggles making friends and simply trying to fit in,and will learn from the racial and cultural challenges that Sandra faces. Through her growing passion for the arts as well as her activism, Sandra learns to balance the phenomenal opportunities she gains access to, such as meeting Angelina Jolie and Oprah Winfrey, with her responsibility to fight for refugee rights.

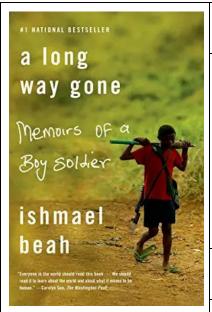
Themes and Topics of Note: Sexual Assault, murder, genocide, violence, persecution, racism, menstruation, sexism, culture, trauma and colorism

HarperCollins Publishers / ISBN: 978-0062470140

Teacher Resources:

https://www.harpercollins.com/9780062470140/how-dare-the-sun-rise





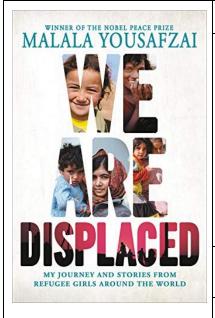
A Long Way Gone: Memoirs of a Boy Soldier by Ishmael Beah (2007)

There are hundreds of thousands of child soldiers in the world today, roughly half of them conscripted in Africa. Ishmael was just thirteen when the army in Sierra Leone recruited him to fight against the rebels who were tearing his country apart, the rebels who had killed Ishmael's own family the year before. Hooked on drugs and hatred, Ishmael was sixteen before he was removed from the fighting with the assistance of UNICEF, and he was eventually resettled in the United States. He finished his last two years of high school in New York and went on to Oberlin College. Ishmael is now an award-winning author and activist.

Themes and Topics of Note: Graphic violence, rape, drug use and torture

Farrar, Straus and Girous / ISBN: 978-0374105235 Teacher Resources:

http://alongwaygone.com/media/ALongWayGone_TeachersGuide.pdf http://alongwaygone.com/media/ALongWayGone_RGG.pdf



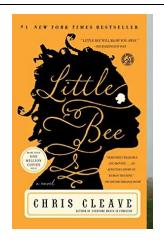
We are Displaced by Malala Yousafzai (2019)

Malala Yousafzai's experiences visiting refugee camps caused her to reconsider her own displacement -- first as an Internally Displaced Person when she was a young child in Pakistan, and then as an international activist who could travel anywhere in the world except to the home she loved. In this book, which is part memoir, part communal storytelling, Malala not only explores her own story, but also shares the personal stories of some of the incredible girls she has met on her journeys -- girls who have lost their community, relatives, and often the only world they have ever known. Each chapter tells the story of one young woman who has experienced displacement.

Themes and Topics of Note: Violence, murder, genocide, racism, smuggling, police brutality, forced marriage and criminal activity

Little, Brown and Company / ISBN: 978-0316523646





Little Bee by Chris Cleave (2009)

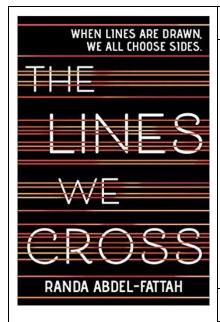
A haunting novel about the tenuous friendship that blooms between two disparate strangers--one a 16-year-old Nigerian refugee, the other a wealthy woman from suburban London.

Themes and Topics of Note: Suicide, violence, adultery and torture

Simon & Schuster / ISBN: 978-1416589631

Teacher Resources:

https://www.oprah.com/omagazine/little-bee-by-chris-cleave-reading-group-quide/all



The Lines we Cross by Randa Abdel-Fattah (2017)

Michael likes to hang out with his friends and play with the latest graphic design software. His parents drag him to rallies held by their anti-immigrant group, which rails against the tide of refugees flooding the country. And it all makes sense to Michael. Until Mina, a beautiful girl from the other side of the protest lines, shows up at his school, and turns out to be funny, smart -- and a Muslim refugee from Afghanistan. Suddenly, his parents' politics seem much more complicated. Mina has had a long and dangerous journey fleeing her besieged home in Afghanistan, and now faces a frigid reception at her new prep school, where she is on scholarship. As tensions rise, lines are drawn. Michael has to decide where he stands. Mina has to protect herself and her family. Both have to choose what they want their world to look like.

Themes and Topics of Note: Prejudice, white privilege

Scholastic Press / ISBN: 978-1338118667

Teacher Resources:

https://de3d63255e2ed87306a1-58ee2046ea610b14668745360eaa8 ac0.ssl.cf2.rackcdn.com/teachers-guides/9781743534977-tn.pdf



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ABOUT HEARTS & HOMES FOR REFUGEES

Hearts & Homes for Refugees is a nonprofit grassroots humanitarian organization in Westchester County, New York, that works with U.S. State Department-designated agencies to welcome, assist and advocate for refugees. We are a growing network of volunteers — families, neighbors, community organizations, and people of goodwill from all faith and civic groups — committed to offering refugees hope and opportunity.

In keeping with time-honored American tradition, we offer refuge to those fleeing violence and persecution, and identify and tap resources that aid refugee populations. We use our expertise and experience to educate, inspire and equip others to welcome the stranger.

Hearts & Homes for Refugees is an apolitical initiative that welcomes concerned individuals from every religious, faith-based and civic background and does not represent any specific faith or community group except its own.

The Refugees in Literature document is available for download at www.heartsandhomesforrefugees.org

